Day I:
October 27, 2021

8:00 A.M. – 9:00 A.M.
MORNING GENERAL SESSION
Be Bold. Be Remarkable. Be You.
Stories of Mana Wahine

9:30 A.M. – 10:30 A.M.
MORNING BREAKOUT SESSION
Revive Your Life Amid Burnout, Stress and Anxiety

10:45 A.M. – 11:45 A.M.
MORNING BREAKOUT SESSION
Making Real Change: A Call to Action

12:15 P.M. – 1:15 P.M.
WAHINE LOUNGE
Live on Facebook

Day II:
October 28, 2021

7:30 A.M. – 8:00 A.M.
WAKE UP WAHINE
Yoga & Meditation with Kilty Inafuku

8:00 A.M. – 9:00 A.M.
CEO ROUNDTABLE PRESENTED BY UHA HEALTH INSURANCE

8:30 A.M. – 9:15 A.M.
FIRESIDE CHAT
Featuring Pat Saiki & Robbie Dingeman

9:30 A.M. – 10:30 A.M.
MORNING BREAKOUT SESSION
Reframe Your “Weaknesses” into Superpowers

10:45 A.M. – 11:45 A.M.
MORNING BREAKOUT SESSION
Negotiate with Finesse

12:15 P.M. – 1:15 P.M.
CLOSING GENERAL SESSION
Leading with Grit and Grace

Day III:
October 29, 2021

7:30 A.M. – 8:00 A.M.
WAKE UP WAHINE
Sweat + Soul Barre with Melissa Rota

8:00 A.M. – 9:00 A.M.
MORNING BREAKOUT SESSION
The Future of Hawai‘i’s Economy is Female

9:45 A.M. – 10:45 A.M.
MORNING BREAKOUT SESSION
The Future of Hawai‘i’s Economy is Female

11:00 A.M. – 12:00 P.M.
MORNING BREAKOUT SESSION
Valuing You: The Importance of Taking Time for Yourself presented by The Queen’s Health Systems

12:15 P.M. – 1:15 P.M.
CLOSING GENERAL SESSION
Leading with Grit and Grace

Need more info?

SHOP WAHINE
Find wahine-owned businesses, click here

WAHINE BOOK CLUB
Find out what our panelists and staff are reading, click here
Aloha and Welcome to *Hawaii Business Magazine*'s 14th annual Wahine Forum!

We are, once again, presenting the Forum virtually. While we had hoped to see all of you in person this year, this obviously is not possible. However, this has not stopped us, nor over 40 incredible women leaders in our community, from coming together to present an incredible three days of conversation and inspiration designed to amplify our theme: Be Bold. Be Remarkable. Be You.

The issues we will cover over the next three days may empower you to think a bit differently, perhaps even BOLDLY about your own REMARKABLE potential to support and connect with each other.

The Wahine Forum is Hawai‘i’s largest professional development event and it would not be possible without our Presenting Sponsor, The Queen’s Health Systems. We are grateful for their dedication to the Wahine Forum and their commitment to the health of everyone in our community. Thank you also to our exclusive banking partner, First Hawaiian Bank and our special partners La Pietra Hawai‘i School for Girls and the YWCA O‘ahu. CEI Hawaii has created a wonderful space for our live Wahine Lounge and UHA Health Insurance is underwriting our CEO Roundtable. Mahalo!

On behalf of the entire *Hawaii Business Magazine* team, thank you for being with us over these three days. We hope you leave this year feeling inspired and encouraged because, after all, this Forum is all about YOU.

Warmest aloha,

Cheryl Oncea
Publisher, *Hawaii Business Magazine*
The Queen’s Health Systems is honored to be a Presenting Sponsor of the Wahine Forum for the 12th consecutive year. Our longtime support of this event is quite meaningful for us as more than 70% of our caregivers are wahine, including many who hold leadership positions throughout our organization. We are incredibly proud to sponsor a community event that brings together intelligent, innovative and inspiring women from diverse backgrounds to share their stories of courage and leadership.

Guided by the example of our Foundress Queen Emma, the entire team of caregivers at Queen’s has courageously and compassionately provided care to our patients and community during the pandemic. Through these difficult times, they have not wavered in their commitment to our mission to provide quality health care to Native Hawaiians and all of the people of Hawai‘i.

This year, we are pleased to bring you another breakout session to discuss the importance of caring for yourself during stressful periods. We hope you will join in for this timely discussion during the 2021 Wahine Forum. For additional resources, you may visit www.queens.org.

It is a privilege to once again collaborate with the YWCA of O’ahu, Patsy T. Mink Center for Business & Leadership, La Pietra Hawai‘i School for Girls and Hawaii Business Magazine on this virtual community event. We are confident that you’ll walk away feeling energized and inspired with new ideas, new goals and lifelong connections.

With Warm Aloha,

Jill Hoggard Green, PhD, RN
President & CEO
The Queen’s Health Systems
Welcome to the 2021 Wahine Forum. Mahalo to Hawaii Business for bringing YWCA O’ahu and the Patsy T. Mink Center for Business and Leadership (MCBL) back to this inspiring event again this year.

Please allow me to remind you of this year’s theme: Be Bold. Be Remarkable. Be You.

Over the next three days, we hope you will take the time to immerse yourself in all the sessions as an investment for your future. You all give so much of yourselves on a daily basis both in professional and personal lives. This is the time to focus on nobody else but you.

Wahine Forum gives you an opportunity to replenish your “well” with fresh ideas and perspectives. Wahine Forum also gives you time and space to exhale and let go.

As you listen to Hawai'i’s women leaders shining in their chosen fields, we hope you will also take an inventory of your assets, because you already have so much in you. The inspirations and ideas that this forum presents are not to make up for any personal deficits but to enhance and build on your existing strengths – so that you can continue to excel as an authentic you – one of a kind.

Let’s not waste our time by comparing ourselves with others. What is the point of that? Instead, let’s pay attention to our own needs and wants. It’s OK to be a little selfish. You deserve this time.

Let us all be here for you.

Enjoy the forum!

With aloha,

Noriko Namiki
CEO, YWCA O’ahu
Aloha,

La Pietra – Hawai’i School for Girls is proud to be a sponsor of the 2021 Wahine Forum. We are grateful to **Hawaii Business Magazine** for their efforts to produce this truly remarkable annual event.

As an organization that works daily to provide opportunity for girls and women, our school’s mission is very much aligned with the goals of the conference. Further, since we expect that our La Pietra students will become leaders in the future, the Wahine Forum allows them a chance to envision that future a little more clearly. You may see them throughout the program providing introductions and occasionally attending sessions if their class schedule allows. Although you may not have the ability to interact with them as you would have had during an in-person conference, I hope you will still take the time to say hello if you can. Our students can learn much from all of you.

On behalf of the students and staff at La Pietra – Hawai’i School for Girls, we hope you have an enjoyable and productive conference. It benefits all of us to support our wahine leaders. Thank you for the inspiration you are providing.

With Aloha,

Josh Watson
Head of School
La Pietra – Hawai’i School for Girls
Aloha and welcome to the 14th annual Wahine Forum!

First Hawaiian Bank is honored to again be the exclusive banking partner for the Wahine Forum, the largest women's leadership and career development conference in Hawai'i. We’re excited to celebrate women leaders who are making significant contributions to our community while embodying this year’s theme of “Be Bold. Be Remarkable. Be You.” This year’s event promises to be a dynamic program that showcases the wonderful things women in business are doing that we can all learn from.

Leaders across all industries have faced many challenges over the past year -- guiding their teams through the uncertainty of an everchanging environment. Improving diversity, and empowering women in business offers fresh perspectives and an inspiring approach to ensuring we’re moving our business community forward while dealing with many of the pandemic related challenges we have all faced.

At First Hawaiian Bank we recognize the importance of developing women leaders in our organization and have established a monthly Women’s Leadership Forum for our female employees to share their experiences, support each other and cultivate the skills they need to succeed. It’s the reason why we are also so proud to sponsor this Wahine Forum which has become a source of personal and professional growth for so many women in our community.

Mahalo for joining us and taking the time to invest in your professional development. We hope this conference will inspire you and lead you on a path to greater success.

Bob Harrison
Chairman, President and Chief Executive Officer, First Hawaiian Bank
Be Bold. Be Remarkable. Be You.
Stories of Mana Wahine

This year’s Wahine Forum will kick off with three unique speeches centered around this year’s theme “Be Bold. Be Remarkable. Be You.”

OPENING GENERAL SESSION

DAY I: OCTOBER 27, 8:00 A.M. TO 9:00 A.M.

Be Bold. Be Remarkable. Be You.

Shar Tuiasoa
PUNKY ALOHA STUDIO

Punky Aloha Studio is the illustration studio of Shar Tuiasoa, a freelance illustrator based in Kailua, O’ahu. After studying Fine Art at her local community college for 6 years, Shar moved to California to earn her BFA in Illustration. She moved back to Hawai’i shortly after and started Punky Aloha Studio in the summer of 2018.

Punky Aloha Studio houses various branches of illustration work, ranging from murals, freelance and client work, product sales, fine Art and licensing. Shar has worked as a freelance illustrator with multiple editorial clients on O’ahu including Honolulu Magazine, Hawai’i Magazine and Hawai’i Business Magazine. She has also created work for the New York Times and is currently working on her first of two picture books as an author and illustrator for Harper Kids, an imprint of Harper Collins.

When she is not creating illustrations for books, magazines, and product packaging, Shar also sells a wide range of art prints and products in her online shop, in retailers throughout Hawai’i, Japan and in the US Mainland.

Dr. Kealoha Fox
SENIOR ADVISORY, INSTITUTE FOR CLIMATE & PEACE

Dr. Kealoha Fox applies indigenous innovation for collaborative solutions in business, science, and policy. She is Senior Advisor to the Institute for Climate & Peace and an Obama Leader Asia Pacific with the Obama Foundation. Dr. Fox is a member of the American Academy of Arts & Sciences Climate Commission and elevates action toward healthy people, places, and futures with her new work entitled Kūkulu Ka Wana’ao.

Kealoha is a Kanaka Maoli (Native Hawaiian) scientist, practitioner and advocate based in Hawai’i guided by the ancestral proverb, e ho’i hou i ka mōle and the calling of her ancestors to return to the taproot. She has been deeply trained by her esteemed community elders in traditional practices and serves on the Asian & Pacific Islander American Health Forum, Doris Duke Charitable Foundation, National Congress of American Indians and Hawai’i Budget & Policy Center, among many other volunteer roles.

Dr. Fox has published numerous books, articles, and editorials designing social well-being strategies with measurable impact in the Pacific. She is author of the book “Haumea: Transforming the Health of Native Hawaiian Women and Empowering Wahine Well-Being” focusing on indigenous resilience of women and girls. Following the immediate success of that publication, Kealoha helped co-convene Nā Lau A Hina – a wahine collective aimed at healing, educating, elevating, and revitalizing our connections to the physical, spiritual and emotional pilina with other celebrated wahine in business.

A graduate of the John A. Burns School of Medicine, she is the recipient of more than 50 awards including Soroptimist International Founder Region Fellowship, Mellon Fellowship and became an NIH postdoctoral scholar to eliminate minority disparities. A 2018 distinction named her one of ten New Voices in the Pacific. She is author of the book “Haumea: Transforming the Health of Native Hawaiian Women and Empowering Wahine Well-Being” focusing on indigenous resilience of women and girls. Following the immediate success of that publication, Kealoha helped co-convene Nā Lau A Hina – a wahine collective aimed at healing, educating, elevating, and revitalizing our connections to the physical, spiritual and emotional pilina with other celebrated wahine in business.

More importantly than any accolade or program, she is a single mother, grateful daughter, and descendent of her mother – Hawai’i.

Marion Lyman-Mersereau
SENIOR ADVISORY, INSTITUTE FOR CLIMATE & PEACE

Born and raised in Honolulu, Hawai’i, Marion Lyman-Mersereau is a retired middle school teacher with over forty years as an educator. Outside of the classroom where she taught ethics and government, she has been a yoga teacher, outrigger canoe paddling coach, and outdoor education director. She is now teaching mindfulness to pre-school and elementary students and in several online mindful movement classes to adults. She has been a mindfulness practitioner for over a decade.

Marion has authored a children’s book, Eddie Wen’ Go - The Story of the Upside Down Canoe, about her experience on the famous voyaging canoe, Hokule’a, when it capsized in the Kāwi‘ī channel in 1978 and Eddie Aikau paddled away in search of rescuers. She adapted the story into a play which premiered in 2014 to sold out houses at Hawaii Theater. It will be remounted at the University of Hawai‘i in January-February of 2022 at Kennedy Theater. She also co-authored a book entitled Character Education which emphasizes specific values that become part of a person’s head, heart, and hands.

She is married and has two sons. Marion’s husband, Arthur, is a retired physics teacher and now letter to the editor writer and scrap wood artist. Her older son is a working actor, currently living in Brazil, who is married with two young sons. Her younger son has been a teacher, coach and outdoor education director for eleven years and also has a young son.
DAY I: BREAKOUT SESSION

DAY I: OCTOBER 27, 9:30 A.M. TO 10:30 A.M.

Revive Your Life Amid Burnout, Stress and Anxiety

The global pandemic has disrupted our daily personal and professional lives, leaving many of us feeling burnt out, overwhelmed and stressed. This session will teach you how to navigate volatility and uncertainty by providing you with easy-to-implement self-care strategies and practices.

As President and CEO of Make-A-Wish® Hawaii, Trini Kaopuiki Clark leads a team of 17 staff and more than 400 volunteers to support the organization’s mission of creating life-changing wishes for children with critical illnesses. A University of Hawai‘i graduate, Clark is an accomplished local professional with nearly 20 years of communication experience in the Hawai‘i television industry and 12 years of nonprofit leadership.

As President and CEO of Make-A-Wish® Hawaii, Trini Kaopuiki Clark leads a team of 17 staff and more than 400 volunteers to support the organization’s mission of creating life-changing wishes for children with critical illnesses. A University of Hawai‘i graduate, Clark is an accomplished local professional with nearly 20 years of communication experience in the Hawai‘i television industry and 12 years of nonprofit leadership.

Dr. Dana Arakawa
THRIVE 808

Dr. Dana Arakawa is an organizational psychologist who takes a research-guided approach to creating organizational resilience. She has worked with Federal and State government agencies, technology startups, private industry and small businesses to create meaningful change. When not consulting, she loves practicing Ashtanga yoga, swimming, and meditation.

Jessica Morikone
SENIOR HR CONSULTANT, HAWAII EMPLOYERS COUNCIL

As a Senior HR Consultant at HEC, Jessica regularly conducts training classes on a variety of topics including employment laws, harassment, and developing supervision skills. In addition, she spends a significant amount of time assisting HEC members with HR compliance and employee relations issues, and employment handbook and policy review.

Carol Davis
EXECUTIVE VICE PRESIDENT – SALES AND RETENTION, ATLAS INSURANCE AGENCY

Carol Davis emphasizes a complete risk management approach. Her professional experience involves working with public entity clients throughout the state as well as large private sector clients. Additionally, she leads the nonprofit and healthcare specialty segments for the insurance agency, where she serves some of Hawai‘i’s largest nonprofit organizations.

Prior to joining Atlas, Carol was at Marsh USA for 10 years and is a former member of Make-A-Wish Hawai‘i’s board of directors and currently serves on the Board of Directors for Hawaii Theater Center. With over two decades of experience in the insurance industry, Carol is a property and casualty insurance producer and has also earned the insurance industry’s highest designation – certified Chartered Property Casualty Underwriter.

Qiana Di Bari
OWNER, SALE PEPE PIZZERIA E CUCINA

Originally from Brooklyn, New York, Qiana Di Bari started her career as an executive in the music business managing Grammy-award winning artist Q-Tip and the seminal group, A Tribe Called Quest. Prioritizing a more family-focused lifestyle, she and her “new artist”, husband Michele, opened a small, successful restaurant together, Va Be’, in their Park Slope neighborhood. In 2013, her young family relocated to Maui and in 2014 Sale Pepe Pizzeria e Cucina was born. At the helm as Sale Pepe’s chief operating officer and general manager, Sale Pepe has received accolades from Maui No Ka Oi, Hawai‘i Magazine, the Chaine des Rotisseurs and numerous publications including The Wall Street Journal and Bon Appetit. The family’s latest enterprise, Bu’ono Pasta Fresca, which is being offered exclusively at Whole Foods and Safeway on Maui. Qiana is looking forward to launching new restaurant ventures in the near future.
DAY I: OCTOBER 27, 10:45 A.M. TO 11:45 A.M.

Making Real Change: A Call to Action

One of the most important ways to lift women up is through policy changes. But for that to happen, we need more women in policy positions. Through personal stories and observations, this powerhouse panel will discuss the need to shift policy and culture and create a more equitable society.

Trisha Kehaulani Watson, JD, PhD.

Dr. Christina Kishimoto
CEO, Voice4Equity

Khara Jabola-Carolus
Executive Director, Hawai‘i State Commission on the Status of Women

Tanya Smith-Johnson
Policy Director, Healthy Mothers Healthy Babies

Dr. Christina M. Kishimoto is the founder of Voice4Equity LLC. A native of the South Bronx in New York City, she is a bold advocate for social justice and a national leader on education policy and equity matters. Prior to founding Voice4Equity, Christina led education systems in Hartford Connecticut, Gilbert Arizona, and most recently as the State Superintendent of Education for the State of Hawai‘i. She has served on a number of boards including the Council of Chief State School Officers, the Association of Latino Administrators and Superintendents where she served as President, the Nellie Mae Education Foundation, and she is a national Chief for Change. Christina has a daughter who is preparing to serve in the U.S. Air Force, and lives in Honolulu, Hawaii with her husband.

Khara Jabola-Carolus is the Executive Director of the Hawai‘i State Commission on the Status of Women, which is the state’s main policy consultant and resource center for women. She is currently the only millennial to direct a statewide government agency in Hawai‘i. Previously, Khara served as the Public Affairs Director of Strategies 360, and directed the Hawai‘i Coalition for Immigrant Rights, where she passed landmark legislation that extended driver’s licenses to undocumented immigrants. She received her B.A. from New York University and Franklin University of Switzerland, and law degree from the University of Hawai‘i at Mānoa. Her family is from the Philippines.

Tanya Smith-Johnson, MS, CPM is a Certified Professional Midwife, Reproductive Justice activist and the Policy Director of Healthy Mothers Healthy Babies Coalition of Hawai‘i. Tanya is a co-author of Hawai‘i’s Feminist Economic Recovery Plan and member of the Birth Place Lab’s Global Covid19 Perinatal Task Force. Tanya is also a veteran and served in the United States Naval Hospital Corps and spouse to an active duty Civil Engineering Corp Officer. Tanya holds a Bachelor of Science in Biology and Master’s of Science in Medical Science from Hampton University. Tanya resides in Hawai‘i with her husband of 21 years and 6 children.
Tune into a Live Wahine Lounge on Facebook where we will cover a variety of interesting and fun topics as well as important issues facing our community and women and girls today. Plus, a closer look at some of our nonprofit organizations who are doing incredible work in the community, ideas for reimagining your office space, mindfulness strategies, financial tips, book suggestions to keep you inspired and motivated, music from a few of our state’s emerging artists, and more!

**DAY I: OCTOBER 27, 12:15 P.M. TO 1:15 P.M.**

**LIVE on Facebook**

Cheryl Oncea
Publisher, Hawaii Business Magazine

Yasmin Dar
Executive Vice President & COO, RKT Media

**HOSTS**

**ALICE INOUE**
HappinessU

**MUSIC BY**
Haku Collective
KARLIE GOYA, MĀLIE LYMAN, TIARA GOMES

**INTERVIEW WITH**
Amy Marvin
President & CEO, Hawaii Foodbank

**REIMAGINING YOUR OFFICE SPACE WITH CEI HAWAII**

**INTERVIEW WITH**
Cheryl Oncea
Publisher, Hawaii Business Magazine

**INTERVIEW WITH**
Yasmin Dar
Executive Vice President & COO, RKT Media

**HOW TO PRACTICE MINDFULNESS DAILY WITH**

Alice Inoue
HappinessU

**WAHINE FORUM BOOK CLUB**

**MUSIC BY**
Haku Collective
KARLIE GOYA, MĀLIE LYMAN, TIARA GOMES

#HBWahine #LikeAWahine HawaiiBusiness HawaiiBusinessMagazine
**DAY II: WAKE UP WAHINE**

**DAY II: OCTOBER 28, 7:30 A.M. TO 8:00 A.M.**

**Yoga and Meditation with Kilty Inafuku**

Start your mornings off right with our Wake Up Wahine Sessions. Let’s take a moment to breathe together and focus on our well-being.

This 30-minute morning practice will include 20 minutes of mindful movement to awaken the body and 10 minutes of guided meditation to cultivate the right headspace for the day ahead. Although not necessary, having a yoga mat, block, and water bottle is recommended.

Kilty Inafuku is a yoga educator with the goal to foster a community of inspired individuals who are empowered to be themselves, and therefore teach others to do the same. Her hope is that your experience in this practice will create a lasting impact and reinforce perspective, which ignites you to take action in your life outside of the asana practice.

Kilty Inafuku grew up in Kāne‘ohe and currently resides in Pūpūkea. She found yoga while studying Civil Engineering at UCLA. Fast forward a few years: She left the engineering world and now teaches yoga as a career and lifestyle, with a 200HR training under Jay Co and 300HR under Jason Crandell. Kilty is foremost a student and continues to study under various teachers with the belief that what happens ON the mat is always a practice and reflection for what we do OFF the mat.

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#HBWahine #LikeAWahine HawaiiBusiness HawaiiBusinessMagazine
Joseph Fuller is a Professor at Harvard Business School, the co-director of the school's project, Managing the Future of Work, and co-heads the university-wide Project on the Workforce. He is a Visiting Fellow at the American Enterprise Institute. Prior to joining Harvard's faculty, he was a founder and the long-time CEO of Monitor, now Monitor-Deloitte, the global consultancy. He studies issues related to employment and income polarization and the relationship between talent, corporate strategy and economic competitiveness.
DAY II: FIRESIDE CHAT

DAY II: OCTOBER 28, 8:30 A.M. TO 9:15 A.M.

Fireside Chat

Grab a cup of coffee (or tea) and join us for the Fireside Chat. We’ll start the day with a talk story between Pat Saiki and Robbie Dingeman as they share personal stories of perseverance, resilience, and grace.

Pat Saiki
FORMER HAWAI‘I U.S. REPRESENTATIVE

Patricia Saiki, a third-generation Japanese-American school teacher and mom from Hawai‘i, overturned the status quo to become a state legislator, a U.S. Congresswoman, head of the U.S. Small Business Administration — and an effective Republican in a decidedly Democrat state.

She exerted enormous influence and advocated for women’s rights during six decades of public service.

Born and raised in Hilo, Pat was one of three girls of second-generation Japanese-American parents, Kazuo and Shizue Fukuda. Her father played a large role in shaping her life – competitive but always conscious of the overriding need to use government service to improve the lot of those whose voices aren’t heard in the corridors of power.

An educator by training, Pat spent 14 years in classrooms in Hawai‘i and the U.S. mainland. It was her experience in Hawai‘i’s public school system that led her to form the state’s first teachers’ union. That experience was central to her quick rise in state politics, starting with being elected to Hawai‘i’s first Constitutional Convention in 1968. She went on to serve in the state House and Senate, two terms in the U.S. House of Representatives, and then in the administration of President George H.W. Bush.

Pat married Dr. Stanley Saiki, and they had five children, all of whom attended public schools. Three of the children followed their father into medicine, two as medical doctors and one as a veterinarian. Two of the children work in computers and technology. Dr. Saiki died in 1991. Their oldest child, Dr. Stanley Saiki, Jr., died in 2013.

At 91, Pat is still active in public life. She lives in the family’s long-time home in Honolulu, Hawai‘i.

Robbie Dingeman
EDITOR AT LARGE, HONOLULU MAGAZINE

Robbie Dingeman is editor at large of Honolulu Magazine. The award-winning journalist has been telling the stories of Hawai‘i for more than 20 years in daily newspapers, on television and on the web. She’s covered politics, crime, consumer news and more. A graduate of the University of Hawai‘i at Mānoa, she also co-authored two books, Honolulu Homicide and Honolulu CSI. On a way more fun note, she serves as one of two co-artistic directors for the semi-annual Gridiron news parody show, which allows her to obsess about the news and crack jokes while raising money for student internships through the Hawai‘i chapter of the Society of Professional Journalists.
Social Capital is Your Most Valuable Asset. Here’s How to Build It.

Many good things can come out of meaningful, honest relationships: community transformations, productive teams and healthy organizational cultures are just a few examples. During this session, you’ll learn how you can cultivate social capital, plus tips for how to wisely leverage and protect it.

Elisia Flores
L&L Hawaiian Barbecue

Flores is vice-chair and chief executive officer of L&L Franchise, Inc. Under the L&L brand, the company has 210 restaurants across the United States and Japan. Elisia joined L&L in 2014 as its chief financial officer. She began her career at GE as part of the prestigious finance management program then worked as a corporate auditor. Elisia was promoted to a senior finance manager position responsible for the West region of GE - Power Generation Services, overseeing a portfolio of assets with annual revenue in excess of $750 million.

Elisia is a member of the board of directors for American Savings Bank and serves on boards of Hawai'i Pacific Health, Diamond Head Theatre, the Hawaiian Humane Society and the Hawai'i Restaurant Association and on the advisory boards of the Patsy T. Mink Center for Business and Leadership, the KCC Culinary Arts Program and the UH Family Business Center of Hawai'i.

Chenoa Farnsworth
Managing Director, Blue Startups

Farnsworth is the managing partner of Blue Startups, a top 20 U.S. Accelerator (Techcrunch), located in Honolulu. Blue Startups has invested in 90 companies which have gone on to raise $330 million in venture capital. She also manages the Hawai'i Angels investment network, which has invested over $60 million in over 100 startup companies.

In 2006, she co-founded Kolohala Ventures, a Hawai'i-based venture capital firm that invested $50 million into Hawai'i-based technology start-ups. Prior to that she provided strategy development and business planning consultation for start-up companies and high-growth businesses through her company Farnsworth Consulting and serves on various community boards.

Terri Funakoshi
COO, YWCA O'ahu

Funakoshi is Chief Operating Officer of YWCA O'ahu, manages operations at three locations across the island and oversees Human Resources, Business Development and Health & Wellness. A forward thinker, she is always working to improve operations and profitability that reduces costs and increases revenue. She is a strategic business maximizer who is passionate about helping small businesses develop strategies for entering and remaining competitive in today's marketplace.

Jennifer Luck
COO, Common Ground Kaua‘i

Jennifer is Chief Operating Officer at Common Ground. Committed to driving lasting community impact, Jennifer has more than 17 years of experience in operations and program management, multi-stakeholder negotiations, fundraising and land management. She sits on the boards of the Hawai'i Land Trust, Namahana Charter School and Kipuka Kuleana. Jennifer holds a Master's in Business Administration from the University of Southern California.

Yunji de Nies
Journalist

Yunji de Nies co-hosts Spotlight Hawaii, a 3x/week news program live-streamed on the Honolulu Star-Advertiser’s home page and social media platforms. She also hosts Insights on PBS Hawai'i, a weekly public affairs program. For five years, Yunji anchored the evening news at KITV, the Honolulu ABC affiliate, and before that worked as a White House and National Correspondent for ABC News, based in Washington D.C. and Atlanta. Yunji graduated with honors with a degree in political science from Yale University and holds a Master's Degree in journalism from UC Berkeley.
Negotiate with Finesse

Negotiating money, benefits, job title and responsibilities can be daunting tasks. Learn strategies to help you advocate for yourself, communicate your requests and lean into feeling uncomfortable. These tips and tricks will help you navigate any negotiation with grace and skill.

Meli James
CO-FOUNDER, MANA UP

Meli James is a cofounder at Mana Up, a statewide initiative to expand economic opportunity, provide meaningful jobs and promote agricultural sustainability. It offers an annual six-month accelerator program enabling Hawai‘i product entrepreneurs to scale their businesses globally. Additionally, she is president of the Hawaii Venture Capital Association. James is a graduate of Cornell University.

DAY II: OCTOBER 28, 10:45 A.M. TO 11:45 A.M.

Makalika Naholowaa
ASSISTANT GENERAL COUNSEL, MICROSOFT CORPORATION

For the last 8 years Makalika De-starte Naholowa’a been an attorney at Microsoft Corporation where she currently serves as an Assistant General Counsel in the part of the department that supports the company’s subsidiaries and sales professionals. Before that she was an Assistant General Counsel and the Chief of Staff for the General Counsel for two years. Prior to that was the leader of the company’s global trademark intellectual property team.

Before joining Microsoft, Makalika worked on trademark and copyright matters in private practice at Perkins Coie LLP in Seattle. She’s taught courses on intellectual property at Seattle University. She’s served on numerous boards and committees in the legal community. Makalika holds a J.D. from Columbia Law School and a B.S. in Mathematics with a Concentration in Computer Science from Arizona State University.

Chenise Iwamasa
COMMERCIAL LEASING ATTORNEY AND FOUNDER, ZIVA LAW

Chenise K. Iwamasa, Esq. has been practicing law in Hawai‘i for 17 years. Her practice focuses on helping commercial tenants negotiate better leases and navigate lease issues. Chenise founded Ziva Law with a vision of developing a client-centered, micro-niche commercial leasing law practice because she is passionate about helping small businesses thrive in Hawai‘i. Chenise is a past Chair of the Real Property and Financial Services Section of the Hawai‘i State Bar Association. She is nationally recognized by Best Lawyers, locally recognized by Honolulu Magazine’s Best Lawyers in Hawai‘i (Real Estate) and is Martindale-Hubbell AV-Preeminent Peer Review Rated.

Lori Kahikina, P.E.
INTERIM EXECUTIVE DIRECTOR AND CEO, HONOLULU AUTHORITY FOR RAPID TRANSPORTATION

Lori Kahikina is the Interim Executive Director and CEO of HART. Ms. Kahikina is a proud graduate of Kamehameha Schools and the University of Hawai‘i. She holds a Bachelor of Science degree in Mechanical Engineering and has a license in Civil Engineering.

At HART, Ms. Kahikina is responsible for the design and construction of the remaining portion of the 20-mile, 21 station Honolulu Rail Transit Project that spans from East Kapolei to Ala Moana Center. The project is currently estimated at over $10 billion.

Malia Mason
COURTNEY C. BROWN PROFESSOR AND VICE DEAN FOR RESEARCH, COLUMBIA BUSINESS SCHOOL

Malia Mason is a professor and vice dean at Columbia Business School. She teaches the Negotiations course in the Executive MBA program and is the faculty director of the Women in Leadership Executive Education program. She has worked with numerous companies in financial services, media, tech, telecom, and the arts. She has received several career awards, including Poet and Quant’s Best 40-Under-40 Business School Professors. Prior to pursuing her PhD, she was a consultant.
DAY II: OCTOBER 28, 12:15 P.M. TO 1:15 P.M.

LIVE on Facebook

Tune into a Live Wahine Lounge on Facebook where we will cover a variety of interesting and fun topics as well as important issues facing our community and women and girls today. Plus, a closer look at some of our nonprofit organizations who are doing incredible work in the community, ideas for reimagining your office space, mindfulness strategies, financial tips, book suggestions to keep you inspired and motivated, music from a few of our state’s emerging artists, and more!

HOSTS

Cheryl Oncea
PUBLISHER, HAWAII BUSINESS MAGAZINE

Yasmin Dar
EXECUTIVE VICE PRESIDENT & COO, RKT MEDIA

TALK STORY WITH

Colleen McAluney
PATSY T. MINK CENTER FOR BUSINESS & LEADERSHIP

WHY DO I SAY YES WHEN I REALLY WANT TO SAY NO?

Alice Inoue
HAPPINESSU

CONNECT YOUR QUALITY OF LIFE WITH THE QUALITY OF YOUR FINANCIAL LIFE WITH

Jodie Duvall
FIRST HAWAIIAN BANK

INTERVIEW WITH

Bella Hughes
FOUNDER, HAWAII FOUNDHER

WAHINE FORUM PODCAST CLUB

#HBWahine  #LikeAWahine  HawaiiBusiness  HawaiiBusinessMagazine
DAY III: WAKE UP WAHINE

Sweat + Soul Barre Anywhere

Join us for a special Wahine Forum Sweat + Soul Barre class, adapted to meet you wherever you are — no barre required! You’ll get a complete workout in a 35-minute class with our immersive mix of light cardio, strength training, and stretching. Move through a curated sequence of bodyweight exercises, muscle trembling repetitions, and refreshing stretches that reach all the right places. You’ll leave feeling rejuvenated, refreshed, and ready to tackle the day ahead. Recommended: a small hand towel.

Melissa Rota
FOUNDER, SWEAT + SOUL

Melissa was born and raised in Honolulu and is the founder of Sweat + Soul. After growing up as a competitive multi-sport athlete, including a year on the UH Mānoa Cross Country team, Melissa spent 10 years developing her career as a software engineer. As a new mom, she started looking for a career and lifestyle change. Enamored with the boutique fitness scene emerging on the mainland, she was determined to bring this concept home to Honolulu. Melissa loved barre for the unique challenge and benefits it provided and immersed herself in training with the leaders of barre fitness in New York City. In 2015, she opened Sweat + Soul, combining her passion for barre fitness with sports conditioning and kinesiology fundamentals for a uniquely satisfying workout that delivers lasting results.

Family Business Forum

Generational Differences: From Conflict to Opportunity

Tuesday, November 9, 2021
3:00 PM – 4:00 PM

PRESENTED BY

UBS
The Business Succession Group

BUSINESS CONSULTING
Woerner oversees marketing & loyalty including brand strategy, integrated marketing, performance media, sponsorships, social media, loyalty acquisition and engagement. Her oversight of the guest experience includes food and beverage, entertainment and connectivity, lounges, call centers, guest analytics and guest communications. She is responsible for supporting the end-to-end guest experience, ensuring we consistently deliver across our products, technology and through our employees. She is focused on positioning Alaska as the go-to airline on the West Coast while also working to gain national brand recognition. Sangita joined Alaska Airlines in 2015 as the vice president of Marketing where she was responsible for the brand relaunch in 2016 and the integration with Virgin America, including the on-board product, service and loyalty programs.

Janice Ikeda is the executive director of Vibrant Hawai'i, a grassroots organization whose mission is to convene multi-sector groups to advance collective contribution towards a vision of a vibrant Hawai‘i. She holds a master’s degree in organizational leadership from Gonzaga University, a bachelor’s degree in communications from the University of Hawai‘i at Hilo, and an associate’s degree in information technology from Hawai‘i Community College. She currently serves on the boards of KCAA Preschools, The Pacific Asian Center for Entrepreneurship, Pacific Guardian Life, and The Queen’s Health Systems.

Brigadier General Jennifer M. Short is the Deputy Director for Strategic Planning and Policy, United States Indo-Pacific Command. She is responsible for advising CDRUSINDOPACOM on military, political, economic, and strategic policies. General Short oversees the preparation of policy and planning of pol-mil affairs within her Area of Responsibility (AOR). She develops, coordinates, and implements Theater Strategy, Campaign Plan, Theater Posture Plan, Operational Plans/Contingency Plans/Functional Plans and associated Time-Phased Force and Deployment Data. In addition, General Short coordinates defense related policy, security cooperation, and military assistance programs across the Indo-Pacific AOR, integrating all military engagement in support of the United States’ national objectives. General Short is a command pilot with over 1,800 hours and has flown more than 430 combat hours. Prior to her current assignment, she served as the Chief of Staff, Headquarters Pacific Air Forces.

Susan Yamada is responsible for creating a center for innovation whose mission is to educate students to think entrepreneurially and support University innovators. She served for nine years as the Executive Director of the Pacific Asian Center for Entrepreneurship (PACE) at the University of Hawai‘i, after leading two startup companies in Silicon Valley and one in Hawai‘i. Yamada is currently interested in the diversification of Hawai‘i’s economy through the creation of high-growth, entrepreneurial companies. She was a founding member of the Hawai‘i Angels, a network of high-net-worth individuals who invest in start-up companies and an active mentor and investor in Hawai‘i-based, start-up companies. She currently serves on the boards of KCAA Preschools, The Pacific Asian Center for Entrepreneurship, Pacific Guardian Life, and The Queen’s Health Systems.

Ms. Yamada is a graduate of James B. Castle High School, and earned a BBA degree from the University of Hawai‘i and her MBA from San Jose State University. She has two children and enjoys golfing, traveling, reading, and spending time with family and friends.
The Future of Hawai’i’s Economy is Female

A talk story with local women entrepreneurs who are transforming their own lives and shaping a better future for their families, communities and state. These self-made women leaders will share how they’ve paved their own path, lessons learned, the rules they broke and the stereotypes they rose above – plus the ways they stayed true to themselves and pushed forward with intention.

Robynne Mai’i
CHEF AND OWNER, FÊTE AND HEYDAY

Born and raised in Honolulu, Hawai’i, Robynne Mai’i is chef and owner of award winning restaurant - Fête, in Chinatown, Honolulu.

Mai’i has a culinary and pastry arts degree from KCC in Hawai’i, a dance degree from Middlebury in Vermont and a master in food studies from NYU. She began her culinary adventure at 3660 on the Rise, cooking under Chef Russell Siu and Padovani’s Bistro and Wine Bar, where she transitioned to full-time pastry cook under Chef Pierre Padovani.

In 1999, she moved to New York City where she worked at Union Pacific under Chef Rocco DiSpirito and at the Waldorf-Astoria Hotel in their pastry banquet kitchen, which was led by Chef Jean Claude Perrenou. Robynne worked for Gourmet magazine, City University of New York (CUNY) and has been a cookbook judge for the prestigious James Beard Foundation Awards since 2004.

Chef Mai’i returned to Hawai’i to open Fête in 2015. This Summer, she opened her new restaurant, HeyDay at the newly restored White Sands Hotel in Waikiki.

Melissa Bow
OWNER, VIA GELATO

Melissa is the owner and creative director at Via Gelato. The Via Gelato team makes gelato and all the goodies mixed inside from scratch daily using artisan pastry techniques and ingredients. Like most small business owners she manages finance, marketing, operations, fixes all manner of broken things while creating new flavors, illustrating new designs and constantly shooting video and photography to capture all the yummy glory for folks to drool over and enjoy.

Amber Thibaut
OWNER, COCO MOON

A graduate of Stanford University, Amber Thibaut founded Coco Moon shortly after having her second child and realizing that there weren’t any high quality, genuinely designed, island inspired products for families on the market. Her business savvy, ambition and passion soon elevated Coco Moon to the 7-figure brand that it has become today and awarded her the HVAC Consumer Packaged Goods Entrepreneur of the Year in 2021.

Born and raised on O’ahu, Catherine Toth Fox is the editor of HAWAI’I Magazine, a Honolulu-based travel digital platform. After earning a master’s degree in journalism from Northwestern University, she worked as a newspaper reporter, journalism instructor, freelance writer and blogger—sometimes all at once. Despite all the jobs she’s had in her career, her role as mom to her 4-year-old son is the hardest but most rewarding.

#HBWahine #LikeAWahine HawaiiBusiness HawaiiBusinessMagazine
Valuing You: The Importance of Taking Time for Yourself

2021 has given us a glimpse of normalcy as some women start to return to the office and send their children back to school. But returning to a regular routine during an unpredictable pandemic can be stressful. Get the care you need and hear from healthcare professionals on the importance of taking care of your mental health during these times.

Dr. Malia Ramirez is the Associate Medical Director of the Queen's Hospitalist Program, and an Assistant Clinical Professor of Medicine at the University of Hawai'i. She works on many Queen's initiatives to streamline and improve overall patient care. She has taken care of many of our COVID patients who have been hospitalized. In 2020 she received an award for Outstanding Hospital-Based Physician. The Punahou School graduate received her Bachelor of Arts in Human Biology from Stanford University, and her medical degree from the University of Hawai'i John A. Burns School of Medicine. She completed her residency at the University of California, San Francisco.

Kehau Won, BSN, RN is a nurse at The Queen's Medical Center and works as a charge nurse on the Queen Emma Tower 9 Ewa unit. Kehau graduated from Sacred Hearts Academy and attended the University of Hawai'i at Mānoa where she received her degree in Nursing. She was the recipient of the 2018 Queen’s Medical Center Nursing Excellence Award in Transformational Leadership. She was also the recipient of a Daisy Award in June 2015. Kehau loves spending time at Waimānalo Beach with her husband and dog.

Laura Kau’ionalani Nishizaki is the Director of Native Hawaiian Health at The Queen’s Health Systems. She provides leadership in the development and implementation of strategic and innovative initiatives to further the mission of Queen’s to improve the health of Native Hawaiians. Kau'i is a licensed clinical social worker (LCSW) with expertise in developing culturally responsive programs and treatment interventions in health and mental health settings. Kau'i is a graduate of the University of Hawai'i at Mānoa where she earned her Master’s in Social Work and her Bachelor’s in Psychology. She was born on Maui and raised on the West Side of O'ahu where she currently resides with her husband and two daughters.
We Are Wahine: Leading with Grit and Grace

This powerhouse group of female leaders will share their personal stories, including challenges and accomplishments, as well as how they've managed to find the balance between grit and grace.

Dr. Jill Hoggard Green  
**PRESIDENT & CEO, THE QUEEN'S HEALTH SYSTEMS**

Jill Hoggard Green, PhD, RN was appointed President and CEO of The Queen’s Health Systems in September 2019. Before joining Queen’s, she served as Chief Operating Officer of Mission Health and President of Mission Hospital in Asheville, North Carolina. A registered nurse whose career includes work with the oncology and bone marrow transplant units at a Level I trauma facility and at leading hospitals, ambulatory, and home health services in Alaska, Washington, and Oregon. Dr. Hoggard Green has dedicated her life to improving patient care.

Dr. Hoggard Green received her Bachelor of Science (nursing), Master of Science, and Doctor of Philosophy (concentration in health system leadership, quality, and models of care) from the University of Utah. She has been involved in numerous community service and professional organizations and boards, including Make-A-Wish Foundation and the YWCA.

Susan Eichor  
**PRESIDENT & COO, AIO**

Susan is the president and chief operating officer of aio, a diverse family of companies, dedicated to living and promoting the unique values of Hawai‘i, its culture and its people. In addition, the aio Foundation is a nonprofit whose goal is to make Hawai‘i a better place, through programs that help young people become self-sustaining, community-minded individuals.

Prior to aio, Susan was part of the Verizon Hawaii leadership team and has also served as a strategic advisor for telecommunications companies in the Pacific. Susan’s current board service includes HPB Building Supply, U.S.-Japan Council, Blood Bank of Hawaii, Hawaii Bowl Executive Committee, Diamond Head Theatre, Island Pacific Academy and UH Shidler College of Business Advisory Council.

Born and raised in Honolulu, Susan holds a Bachelor’s degree in Industrial Engineering from Stanford University and an MBA from the University of Hawai‘i.

Ann Teranishi  
**PRESIDENT & CEO, AMERICAN SAVINGS BANK**

Ann Teranishi is President and Chief Executive Officer of American Savings Bank and is a member of the ASB Board of Directors. Ann has worked at ASB since 2007 in a variety of leadership positions, including Executive Vice President of Operations, where she played a key role in transitioning ASB to offer more self-service, digital banking options for customers.

Ann has received numerous recognitions, including Hawaii Business Magazine’s 20 for the Next 20, and Girl Scouts’ Women of Distinction. Ann serves on the boards of the Chamber of Commerce of Hawaii, Hawaii Literacy, the Hawaii Cellular Therapy and Transplant Center, and the U.S.-Japan Council.

Dr. Diane Paloma  
**CEO, THE KING LUNALILO TRUST AND HOME**

Diane Paloma is CEO for the King Lunalilo Trust and Home. Lunalilo Home offers residential care, adult day care, home meal delivery and respite care for kupuna as directed by the legacy of King William Charles Lunalilo, the sixth reigning monarch of Hawai‘i. She is the former Director of The Queen’s Health Systems, Native Hawaiian Health Program. Prior to Queen’s she spent time at the John A. Burns School of Medicine as a faculty member, worked for HMSA and its subsidiaries, and started her career working for a private physician.

A Kamehameha Schools graduate, she earned her BS in Physiological Science from UCLA, MBA from the University of Hawai‘i at Mānoa and PhD in Healthcare Administration from Capella University. Paloma has spent her career in the health field since 1995 and was able to combine her passion for Native Hawaiian culture with the health and medical fields.

Paloma volunteers her time as a board member with various community organizations advancing health and education. In 2002, she completed the ‘uniki process for the status of ‘ōlapa with Ka Pā Hula O Kamehameha. She currently serves as ‘alaka‘i (halau leader) for Ka Pā Hula O Ka Lei Lehua.